

## Freedom Psychotherapy & Wellness Services

### Part-time Therapist Job Description

Contracted Position

Location - Remote

Weekly Minimum Hours - 3

6-month minimum commitment

#### **About Us**

This is a virtual concierge-style boutique private practice located in Houston, TX. It's a black female owned company that provides mental health services, professional consultations, and wellness experiences to adults and teens.

We help clients by focusing on life balance and their holistic health. We provide therapy and wellness experiences to professionals and teens. We are looking for a fully licensed, part-time psychotherapist to join our growing team.

The CEO and founder, Nadie Roberson is a Licensed Psychotherapist that established Freedom Psychotherapy & Wellness Services intending to create a space to advocate for mental health. Additionally, she works to provide access and services to minorities who are looking to grow within. Aside from providing therapy, she is an advocate of mental health, speaker, content creator, confidence coach, course creator, and avid selfie-taker.

Freedom is a growing company. Nadie plans to create courses for those struggling with starting a wellness journey as well as for developing self-love and confidence. We need dedicated team members that want to be a part of the journey.

#### **Who is a good fit at Freedom**

This position is best suited for fully licensed mental health practitioners who already have a full-time or part-time job and want to keep their therapy skills sharpened by seeing a few clients after work or on the weekends. If you love the flexibility of private practice, but do not prefer the business responsibilities that come with running a practice, this position is perfect for you.

### **Requirements and Preferred Skills**

Requirements for this position include full licensure in the state of Texas as an LMFT, LCSW, LPC, LPCA, PhD, or PsyD. Clinicians must have a verifiable background in serving minority populations and be willing to be featured on practice website/online to increase recognition and presence in the local community.

The ideal candidate demonstrates cultural awareness, creativity, competency, and commitment to the wellness of all clients and the philosophy of practice.

The Contract Therapist is expected to maintain a caseload of a minimum of 2-5 clients weekly.

The Contract Therapist's role will also require attendance to once-monthly team meetings, group therapy facilitation, and workshops which are offered seasonally in the practice.

### **Some specialties that are a PLUS:**

Couples and families

Addictions/Substance abuse

Eating dxs

Grief

Aging

Pregnancy & Maternal issues

### **Tasks and Responsibilities:**

- Provide individual and group therapy for clients
- Provide therapy as scheduled and informing the owner of any changes to scheduled sessions
- Must keep agency abreast of any changes to your license
- Must submit individual and group notes within 72 hours of session
- Knowledge of various mental health and related illnesses methods of treatment.
- Understanding of professional practices and techniques of individual, brief, group, family therapy.
- Utilize wellness practices and techniques as forms of treatment
- Ability to communicate clearly both verbally and in writing.
- Ability to demonstrate skills in crisis intervention situations.

**Requirements:**

- Must have a valid current professional license to provide therapy in the state of Texas.
- Must pass a background check.

**Perks of the job**

Coaching available for Personal and Professional Development

Marketing provided for you, including Psychology today profile and one other directory of your choice

Flexible Scheduling and opportunity to see more clients if wanted

**Free Access to Freedom Group Coaching Programs**

Freedom Psychotherapy & Wellness Services is in the process of launching unique online programs and workshops! Nadie has been working on creating programs for wellness and sexual health. Contractors will have free VIP access to Freedom Coaching Programs, first look at new product launches, and the opportunity to collaborate with the team to create new content to aid communities of color that are frequently underserved.

**Application Instructions**

Fill out an application [here](#)

Email resume to Nadie at NadieLPC@FreedomPsychotherapy.net

Contact: Nadie Roberson, MA, LPC Psychotherapist, Mentor, Ceo and Founder of Freedom Psychotherapy & Wellness Services, PLLC

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